

## About RPM

Remote Patient Monitoring (RPM) monitors your real time physiological health data i.e. heart rate, blood pressure, blood glucose, Pulse Ox, etc. Our compassionate case managers will stay in touch with you so that you can take your readings every day for your doctor to keep a closer eye on your health. This is a Medicare covered monthly monitoring service which also includes Principal or Chronic Care Management.

## Easy Sign-up

Sign up for Remote Patient Physiological Monitoring and Principal or Chronic Care Management at [www.spacinternational.com/sign-up-patient.php](http://www.spacinternational.com/sign-up-patient.php) and we'll send you an email with the rest of the instructions for signing up! Please call 844-926-CARE to get consented into this program. Our staff will walk you through simple steps and ship you the device prescribed by your doctor.

RPM info: <https://www.hru2day.com/remote-patient-monitoring>

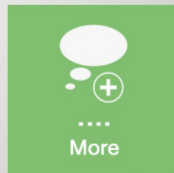
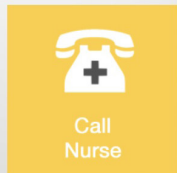
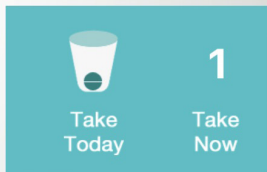
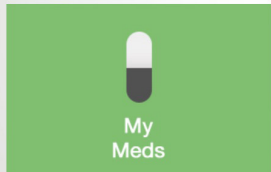
CCM info: <https://www.hru2day.com/chronic-care-managemnt-services>



Keep your doctor and care team in the know ***in between visits!***

Remote patient monitoring provides a turn-key sustainable digital health solution that monitors your physiological health data in real time. Your doctor and care team review your health data regularly to provide you with better quality of care while keeping you out of the hospital.

### Drug Adherence®



# How you see your wellness data:

The screenshot shows a patient dashboard with the following elements:

- Navigation:** Dashboard, Master, Drug Schedule, Prescriptions, Messaging, Appointment, Non Face to Face Services Log, RPM Log.
- Search:** Patient: git p patel
- Data Table:**

Patient Details	Insurance Details	Drug Schedule	Appointments	Encounters	Vital Signs	Problems	Prescriptions	Allergies	Non Face to Face Services Log	RPM	Wellness Source	List Stay	Instructions	Procedures	Referrals	Goals	Careplans	Stories	CCD	Consent Form
			Add Appointment	Add Encounter	Add Vital Signs	Add Problem	Add Prescription	Post Allergy	Add	Add	Wellness Data	Add Stay	Add Instruction	Add Procedure	Add Referral	Add Goal	Add Care Plan			
- Activity Summary:** Chart, Activity Summary, Blood Pressure, Blood Sugar, Heart Rates.
- Chart:** Daily Activity (meters) bar chart showing activity levels over time.

The charts show the following data trends:

- Blood Pressure (mmHg):** Line chart showing fluctuations between approximately 130 and 150 mmHg from May 20 to May 27.
- Blood Glucose (mg/dL):** Line chart showing fluctuations between approximately 90 and 200 mg/dL from July 01 to October 07.
- Heart Rate (BPM):** Line chart showing fluctuations between approximately 60 and 115 BPM from 07 PM to 10 PM.

## How to Enroll

After giving your verbal consent, you will receive your prescribed device from your Sargas case manager with their direct contact number. Please call them and they will ensure that your data is getting uploaded on our Care Management Cloud so that your doctor is able to keep a closer eye on your health. He wants you to take your readings in the mornings when you wake up this will enable your doctor to provide you with proactive care rather than reactive care.

## Advantages of RPM

- Proactive care with concierge service
- Self monitor your own health data via our Chronic Care Management Cloud®
- Regularly update your care team about areas of concern to allow interventions. (i.e. blood pressure, glucose & activity levels)
- Real time monitoring of daily activities
- Cloud that provides real time wellness information about you to your doctor
- Establish digital connectivity with your doctor and care team