



## About CCM, PCM & TCM

### CCM, PCM & TCM services may include:

- at least 20 minutes a month of CCM services
- personalized assistance from a Sargas case manager who will work with you to help you closely follow and understand your personalized care or discharge care plan
- coordination of care between your pharmacy, specialists, testing centers, hospitals and more
- 24/7 emergency access to a healthcare professional
- expert assistance with reaching and surpassing your health goals



### Drug Adherence

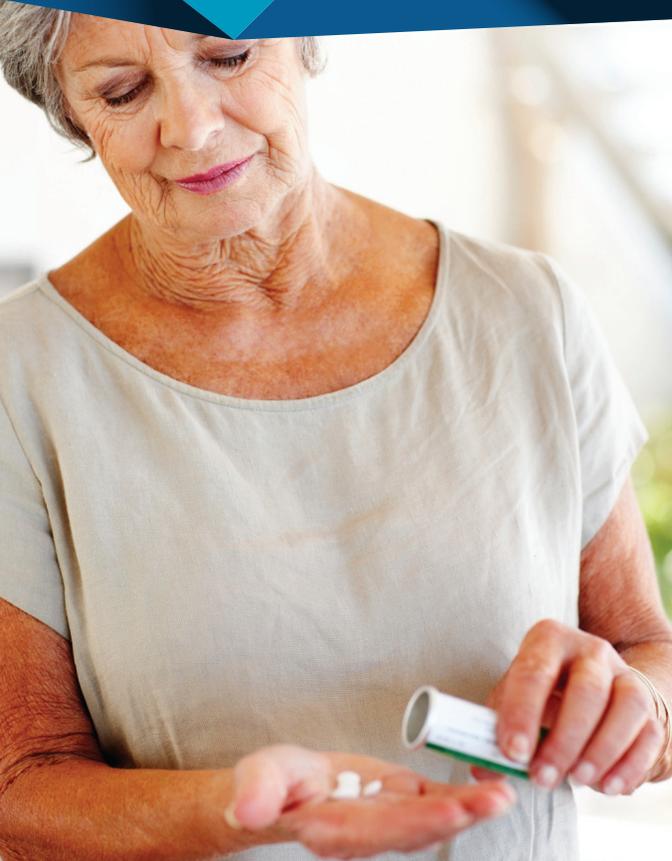
The interface consists of six colored boxes with icons and text:

- My Meds**: Green box with a pill icon.
- Take Today**: Teal box with a glass and pill icon.
- Take Now**: Teal box with a large number '1' icon.
- Procedures &**: Teal box with a clipboard and pen icon.
- Call Nurse**: Yellow box with a telephone icon.
- More**: Green box with a speech bubble and plus icon.



## Managing your healthcare can be overwhelming, but *it doesn't have to be!*

Chronic care management (CCM), Principal Care Management (PCM) and Transitional Care Management (TCM) contributes to better health and care for individuals with chronic conditions. For dual eligible beneficiaries in one Department of Health and Human Services led pilot program, integrated care resulted in beneficiaries being 48 percent less likely to have a hospital stay, 26 percent fewer hospital stays, and 38 percent fewer emergency room visits. If you have Medicare, and live with chronic conditions, like arthritis, diabetes, depression, or high blood pressure, Connected Care Management Services can help you connect the dots so you can spend more time doing what you love!



## Easy Sign-up

Sign up for Chronic Care Management (CCM) and Remote Physiological Monitoring at [www.spacinternational.com/sign-up-patient.php](http://www.spacinternational.com/sign-up-patient.php) and we will send you an email with the rest of the instructions for signing up! Please call 844-926-CARE to get consented into this program.

CCM info: <https://spacinternational.com/chronic-care-management-services.php>

RPM info: <https://spacinternational.com/remote-patient-monitoring.php>



## Why is Connected Care Important?

*Between doctor visits, taking the right medications at the right times, following advice from different health care professionals, managing chronic conditions like diabetes or arthritis can all become overwhelming.*



## How to Enroll

If you have Medicare, ask your doctor about chronic care management (CCM) and Principal Care Management (PCM) services to get connected care, so you can spend less time managing your care and more time doing what you love. After giving your verbal consent, you will receive an email from your Sargas case manager with additional steps and information for completing your enrollment into chronic care management. You will be one step closer to the care you need and deserve. Go to:

[www.spacinternational.com/sign-up-patient.php](http://www.spacinternational.com/sign-up-patient.php)

## Advantages of Sargas CCM, PCM & TCM

- **CCM, PCM and TCM means having a continuous relationship with a Sargas case manager who knows you and your history, gives you personal attention, and helps you make the best choices for your health.** Connecting with a Sargas case manager means you can better manage your care and spend more time focusing on your health.
- **CCM, PCM and TCM means having help on call 24/7 to address urgent needs from the comfort of your home.** CCM, PCM and TCM includes 24-hour-a-day, 7-day-a-week (24/7) access to our care team for urgent needs, including a means to make contact regardless of the time of day or day of week.
- **CCM, PCM and TCM means you and your loved ones have the assistance you need to manage your chronic conditions so you can spend more time doing the things you enjoy.** Your case manager will help you keep track of your medical history, medications, and all the doctors you see. You'll receive a comprehensive care plan from your physician that outlines your treatment plan and goals along with access to your Chronic Care Management Cloud™ portal login.
- **Your only commitment is talking with your Sargas case manager monthly and if you have secondary insurance then you will have minimal or no co-pay.**